

Rashguards are made to fit like a second skin. Use height and chest as primary measurements; weight should only be used as a rough guide. Order 1 or 2 sizes up for a baggier fit.

Women's	Height	Weight	Bust	Waist
XS	5'3-5'6	100-125	30.5 - 33.5	24-27
S	5'4-5'7	110-135	31.5 - 34.5	25-28
M	5'5-5'8	120-150	32.5 - 36	26-29
L	5'7-5'11	140-170	35.5 - 39.5	29-32
XL	5'9-6'0	150-185	37 - 40.5	30-34

Men's	Height	Weight	Chest	Waist
S	5'8-5'10	135-155	36.5 - 38.5	29-31
M	5'9-5'11	150-170	38.5 - 40.5	30.5 - 32.5
L	5'10-6'0	170-190	40.5 - 42.5	32.5 - 34.5
XL	5'11-6'1	190-210	42.5 - 44.5	34.5 - 36.5

